



**STATE OF CALIFORNIA- MILITARY DEPARTMENT**  
**CALIFORNIA CADET CORPS**  
CAMP SAN LIS OBISPO  
10 Sonoma Ave, Bldg. 1301  
Camp San Luis Obispo, California 93405



CIRCULAR 010-2324-004

20 October 2023

**FIRST AID INSTRUCTOR CERTIFICATION TRAINING**  
**3-4 NOVEMBER 2023**

**GENERAL:** The Headquarters (HQs), CACC will host American Red Cross Basic First Aid/CPR/AED and First Aid/CPR/AED Instructor certification training at Camp San Luis Obispo on 3-4 NOV 2023.

2. **PURPOSE:** First Aid is one of the primary cadet skills we teach in CACC curriculum. This training reinforces the skills commandants may already have in first aid and brings them up to date. The Instructor Certification allows them to conduct the Red Cross Basic Course and issue First Aid and CPR/AED certificates to their students. If there's room, we open the Basic Course to cadets or others.

3. **OVERVIEW:** Red Cross training is hybrid with online prerequisites needing to be completed prior to the student starting the hands-on training. This CACC training offers the opportunity to get trained or get current on Basic First Aid/CPR/AED, and also to move on to being a certified Red Cross Instructor. Training will take place Friday evening for the basic course and most of the day on Saturday for the instructor certification. Commandants who are already current in Basic First Aid/CPR/AED can attend Saturday only. Cadets who pass the Basic First Aid/CPR/AED Course may use it for Cadet Medic Training or as a Recondo Certification Task.

4. **REGISTRATION for First Aid Training:** Commandants and Cadets can register for this First Aid training at: [First Aid Training 3-4 NOV](#)

5. **SUPERVISION OF CADETS:** Several CACC events are occurring at Camp San Luis Obispo over this training weekend. Cadets who participate must be under the supervision of a commandant. LTC Contreras, the First Aid Instructor, will provide this supervision during the skills class (the commandant does not need to be present), but a commandant must be present at CSLO to supervise the cadet outside of this First Aid training event. Said commandants may be supervising other cadets participating in Recondo, CERT, or the HQs Drill.

6. **TRANSPORTATION:** Not provided by CACC. Commandants transporting cadets to CSLO for this training weekend can request a rental car (at state expense) on the CACC website.

7. **MEALS:** Meals are available on 3, 4, & 5 November. To be added to the meal roster, indicate which meals you will eat in the Dining Facility (DFAC) while present at CSLO.

8. **LODGING:** Barracks are available 3-5 NOV 2023. Open bay barracks are the only funded billeting resources, so participants should plan accordingly (bring sleeping bags or bedrolls and other items appropriate to open bay barracks situations). Commandants may arrange to stay in other billeting on post subject to availability at own cost. The Billeting Office phone number is (805) 594-6500.

CIRCULAR 010-2324-004 – First Aid/CPR/AED Basic & Instructor Training

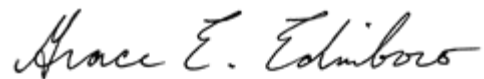
9. **UNIFORM:** Class C or CMU.

10. **COST:** There is no cost for participation. CACC will pay the Red Cross fee for this training.

11. **CLASS LOCATION & TIME:** First Aid Training will take place in Bldg 1301 on Friday evening. Instructor training will take place in Bldg 1402 on Saturday. Friday's basic course skills training will start at 1800. Saturday's instructor course skills training will start at 0730.

12. **POC:** Point of Contact regarding First Aid Training is LTC Belinda Contreras at [Belinda.contreras@cacadets.org](mailto:Belinda.contreras@cacadets.org) or (775) 431-0771.

FOR THE EXECUTIVE OFFICER:



GRACE E. EDINBORO  
COL, CACC  
Operations Officer